

Complementary & Alternative Health Care Client Bill of Rights

Marina Povlitzki, Herbalist

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The state of Minnesota tried for many years to standardize and create a single path to licensure for alternative care providers. However, due to the vast array of different modalities the state ultimately settled on a consumer protection law instead. Since 2001 Minnesota State Law protects the rights of consumers to receive complementary and alternative care from unlicensed practitioners. The State of Minnesota does not provide a path to licensure for Herbalists, but the state does require that I provide the following information to you in Minnesota's Freedom of Access to Complementary Care Law (Statute Chapter 146A). Please let me know if you have any difficulty reading or understanding this information. You must sign the bottom of this form acknowledging that you have received and understand this Complementary and Alternative Health Care Client Bill of Rights before I am able to provide you with a service.

Education + Training

The practitioner, Marina Povlitzki has received or is in the process of receiving the following education.

- Holistic Pharmacology for Herbalists, Matthew Wood & Sean Donahue, 2020
- Respiratory System & Respiratory Immunity, Phyllis D. Light & Matthew Wood, 2020
- Herbal Remedies for this moment in time, Lise Wolff + Matthew Wood, 2020
- Flower Essences for Covid-19, Loey Colebeck, 2020
- Flower Essences and the Chakra System, Martin Bulgarin, 2019
- Flower Essence Therapy Training Course, Loey Colebeck, 2019
- Organ Systems, Erin Piorier, 2019
- 3 Seasons of Herbal Wisdom, Lise Wolff, 2018
- Women's Health & Herbal Medicine, Erin Piorier,
- Holistic Health and Herbal Education Festivals, Belle Plaine, Minnesota
- Spring Herbal Workshops, Erin Piorier
- Bark Medicine Workshop, Erin Piorier
- Winter Remedies Herbal Workshop, Erin Piorier
- Well read on the topic of Herbalism through many books and websites written by practicing herbalists
- Functional Movement and Energetics, Alexandria Crow
- 340 hour Advanced Yoga Training, Devanadi/Tanya Boigenzahn, 2017
- 200 hour Yoga Teacher Training, CorePower Yoga, 2011 + 2014
- Masters of Science in Education, Minnesota State University, 2010
- Bachelors of Arts in Psychology, University of Minnesota, 2006

The State of Minnesota has not adopted any educational or training standards for unlicensed complementary and alternative health care practitioners.

Approach & Assessment

My goal as an herbalist is to facilitate the body's innate ability to balance and heal itself. I spend time listening to your unique history and present concerns and take a holistic approach, gaining an understanding of you as a whole person. I use assessment techniques including tongue analysis, pulse testing, an understanding of anatomy and physiology as well as intuition. I provide herbal remedies in the form of tinctures, oils, salves, syrups, teas and flower essences based on your unique needs.

Fees + Payments

- Initial Adult Consultation (60-120min), \$60/hour, prorated in 15 minute increments with a minimum fee of \$30
- Kids Initial Consultation (30-60min), \$60/hour, prorated in 15 minute increments with a minimum fee of \$30
- Follow-up Consultations: \$60/hour, prorated in 15 minute increments with a minimum fee of \$30

- Remedies are paid for in addition to the consultation fee, and range from \$5 - \$40
- Canceling your appointment with less than 24 hours notice, or failing to show up for a scheduled appointment results in a fee of \$30
- I accept payments in the form of cash, check or card. I also accept payments through Venmo.

Insurance

I do not submit or handle insurance claims. I will provide you with a receipt, should you wish to file a claim with your insurance provider. I do not accept Medicare or Medical Assistance. All fees must be paid in full at the time of service. Payment plans may be arranged under certain circumstances. If you wish to request a payment plan please do so at the time of scheduling. All details must be arranged and agreed to in writing prior to the service. To continue receiving services you must be current with your agreed upon payment plan.

Complaints

If a client has a concern about the services they have received, they have the right to file a complaint and may do so by contacting the Office of Unlicensed Complementary and Alternative Health Care Practice located within the Minnesota Department of Health.

- Address: 121 East 7th Place, Suite 400, PO Box 64975, St. Paul, MN 55164-0975
- Phone: (651) 201-3729
- Web: www.health.state.mn.us

Client's Rights

Clients have the right to following:

- **Current Information:** Clients have the right to complete and current information concerning all services and fees to be provided.
- **Reasonable notice of changes in services or fees.** Changes in consultation fees and remedies can occur. I will provide reasonable notice of these changes at the time of scheduling.
- **Records Access:** Clients have the right to access to their own records, which are maintained in my office in accordance with Minnesota State statute 144.291 to 144.298.
- **Records Transfer:** Clients have the right to a coordinated transfer of their records when changing providers.
- **Courteous Treatment:** Clients have the right to expect courteous treatment, free from verbal, physical or sexual abuse by the practitioner.
- **Similar Treatment Options:** Clients have many different options for alternative and complementary care in their community. Clients are free to seek out information about other practitioners and services and they are free to seek care through different providers.
- **Agency:** Clients have the right to choose which practitioners they will see and to change practitioners, even after services have begun.
- **Refusal:** Clients may refuse any services or treatments, unless otherwise required by law.
- **Non-retribution:** Clients have the right to assert their rights fully without retaliation from the practitioner.
- **Confidentiality:** Client records are confidential and will not be released unless authorized by the client in writing. Client's information may be discussed anonymously in a classroom setting for educational purposes.

Note: I teach herbal workshops, and I would like to use your case history (while honoring your confidentiality by withholding your name and personal identifying information) in lectures, anecdotes, articles or books to help demonstrate the effectiveness of herbal treatment. If you approve of this use of your records, please sign below:

Client Signature

Date

I have received a copy and I understand the Complementary and Alternative Health Care Bill of Rights.

Client Name, printed

Client or Guardian Signature

Date